

Laura Sophie Helbig

Actress



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FILMOGRAPHY (selection)

2016 **'Pretty Music For Very Ugly People'** (Else, Lead)

Feature Film (In Post-Production)

Director: Stefan von Hauser

Production: Tweed Pictures

I received an e-mail saying: We need a German actress for a feature film. And I thought: Yeah! Two lines as a supportive role. Turns out they meant the lead role.

2015 **'Misophonia'** (Denise)

Short film

Director: Marta Moreno

Production: Regent's University London

2013 **'Whisper'** (Caroline Hunt)

Teaser shoot film trilogy

J'Kerry & Julia McNamera

Production: GENFilms Media Production

My first English speaking production. Unfortunately nothing happened with it after the teaser had been shot, but it was an amazing experience, and it gave me the confidence that I can act in English.

'Der Mikroakustikschallwellenumformungsmodulator'

(Lisa, Lead)

Short film

Director: Heiko Brantsch

THEATRE (selection)

2017 **'Mirandolina'** (Dejanira)

Director: Anja Dechant-Sundby

Rosenbergfestspiele, Kronach

'Das Wirtshaus im Spessart' (Inge, Else)

Director: Stefan Haufe

Rosenbergfestspiele, Kronach

'Dschungelbuch' (Mutter Wolf, Erikaa, Afred,

Elefantenehefrau)

Director: Axel Weidemann

Rosenbergfestspiele, Kronach

2015 **'Our Boys'** (Mary) Rehearsed Reading,

SKILLS

Horseback riding & ground training, roller & ice skating, Unicyclist, flexible & sportive, driving license

EDUCATION (selection)

2014-2015 Cechov Psycho-Physical Exercises, Sigrid Andersson

2013-2014 10Block System, Sigrid Andersson

2011-2012 Voice Over & Dubbing Film Course with Simon Bertling at Deutsche Pop Akademie

2008-2010 Arturo Drama School

PERSONAL DETAILS

Playing Age: 18-24

Nationality: German

Residence: London / Berlin

Height: 161cm

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Director: Michael Murray
Company: North London Actors

Hair: short, brown,
wavy

'Pippi Longstocking' (Pippi)
Director: Peter Farbers
Classic Open Air Festival

Eyes: Brown

English (fluent)

German (native)

2014-
2015 **'Der Kleine Wassermann'** (Kleiner Wassermann, Lead)
Director: Kay Dietrich
Company: Astrid Lindgren Bühne FEZ

The play was on already, I had 5 days to take over the lead role. It was challenging, but fun! I will always be thankful for this great director who gave me the freedom to find my voice for the character, even though the play was running already.

2013 **'Weihnachten bei Tiger und Bär'** (Tiger, Lead) Tourne
Director: Heike Werntgen
Company: Wittener Kinder- und Jugendtheater

This was my first theatre tour, and I had the pleasure to play on 39 different stages of all shapes and sizes.

'Panda on the Road - Treffen Artenschutz' (Happy, Lead)
Director: Panda on the Road
At Panda Theater Berlin

This production came about because my good friend Moritz Limmer was shy to play piano in front of an audience. So we planned to organise a concert for him, to overcome this fear. In the end we've been more than 14 artists in a sold out theatre in the heart of Berlin. And I learned what it means to organise a theatre show. This show led to my first live radio interview with Fritz Radio, and led to new contacts and further jobs.

CONTACT DETAILS

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2017 **VOICE OVER ACTING (selection)**
Google Liners
5 A Studios

The Artful Dog
SNK Studio

Venus - Spotify spot
SNK Studio

2016 **UPS**
5a Studios
Director: Cristina

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Chio Chips

Home Studio

GoToMeeting, Online ad – German Voice ADR

SNK Studios

Director: Darren Griffiths

2015 **NIKE Commercials**

7 commercials for Spotify, cinema, internet, radio & TV

I had no idea that the commercials have been published, when I heard my voice all of a sudden in a cinema! My friends applauded and the entire audience looked at me. I wish there would have been a hideout; all I wanted was to watch a movie. But to be honest it was a nice feeling, to hear my voice in a cinema.

2014 **The Walking Dead**, Audio drama Carol

STIL Musik, und Hörspiel GbR

Director: Simon Bertling

2013 **Galaxy Fashion Force, V.O.**

VICE Deutschland GmbH

Director: Matthias Lip